



For questions or emergency care, please contact us at 985-327-5905.

POSTOPERATIVE INSTRUCTIONS
Skin Graft

- Leave the brown paper tape dressing on the main site until returning for your follow up appointment. Keep it dry.
- Keep head elevated on two pillows when you lie down for the next 48 hours.

SKIN GRAFT HARVEST SITE:

- Do not take dressing off harvest site - your doctor will remove it at your 1st follow-up visit.
- As the location is typically on the buttocks or thigh, do not bathe or soak the dressing.
- If dressing does come-off, contact your surgeon for further instruction.
- Do not take aspirin unless prescribed by your physician.
- Continue all prescribed medications.
- Avoid alcohol and tobacco - both impair your body's ability to heal.
- Do not do **ANY** bending over or lifting for the next seven days.
- Do not sweat or do vigorous exercising. Doing so may put the stitches under additional stress and interfere with proper healing.
- If there is bleeding, apply firm, **CONTINUOUS** pressure for 20 minutes. If this does not stop the bleeding, contact your surgeon or report to an emergency room.
- Should you notice excessive redness, drainage, or swelling, please notify your surgeon.



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