



For questions or emergency care, please contact us at 985-327-5905.

Ear Wash/Irrigations

Recipe:

1. 1 cup of each:
 - a. Water
 - b. White Vinegar
 - c. Alcohol

2. 1 Tablespoon of each:
 - a. Hydrogen Peroxide
 - b. Salt

Instructions:

- Leave mixture at room temperature
- May use a bulb syringe to irrigate ears. These are available at any local drug store or pharmacy
- Irrigate ears as instructed by your physician – usually twice per day