

RejuVAnate CO2 Aftercare Instructions

AFTER CARE:

1. Refrain from intercourse, tampon use, exercise, heavy lifting, or straining during the first 24 hours.
2. You may shower or bathe after these procedures.

WHAT TO EXPECT:

1. There should be little to no discomfort after these procedures.
2. You may experience urinary symptoms of urgency or difficulty with urination, which is temporary.
3. Spotting may occur.
4. There may be watery or grey discharge for 1- 2 days.
5. You should expect to see results in 3 weeks to 3 months; multiple treatments may be required.

WHEN TO CALL:

1. If you have increased swelling, bruising or bleeding.
2. If you have any yellowish or greenish drainage, or notice a foul odor, or have reactivation of HSV.
3. If you have pain that is difficult to control with Tylenol.