



Pre-Allergy Testing Medication Sheet

Beta Blockers are Contraindicated with Allergy Testing - Please advise clinic if you are on any of the beta blockers listed below. Alternative Testing Maybe Necessary

- Acebutolol (Sectral)
- AK-Beta (Levobunolol)
- Atenolol (Tenormin, Tenoretic)
- Betagan (Levobunolol)
- Betapace (Sotalol)
- Betimol (Timolol)
- Betopic (Betaxolol)
- Betaxolol (Kerlone)
- Bisoprolol (Zebeta, Ziac)
- Blocadren (Timolol)
- Carteolol
- Carvedilol (Coreg)
- Esmolol (Brevibloc)
- Labetelol (Normodyne)
- Metoprolol (Lopressor, Toprol)
- Nadolol (Corgard, Corzide)
- Penbutolol (Levatol)
- Pindolol (Visken)
- Propanolol (Inderal, Inderide, Innopran)

Medications to Avoid 7 Days Prior to Allergy Testing

- Advil PM/Tylenol PM
- Allegra/Allegra-D (Fexofenadine)
- AlleRx
- Alka Seltzer
- Antivert (Meclizine)
- Any Over The Counter Sleep Aids
- Astelin (Azelastine)
- Astepro
- Benadryl (Diphenhydramine)
- Chlorpheniramine Maleate
- Clarinex
- Claritin/Claritin-D (Loratadine)
- Dramamine
- Hydroxyzine (Atarax)
- Phenergan/Promethazine
- Panatase
- Xyzal
- Zyrtec (Cetirizine)
- Afrin (Neo-Synephrine)

Medications to Avoid 24 hrs Prior to Allergy Testing

- Tagamet/Cimetidine
- Ranitidine/Zantac
- Nizatidine/Axid
- Famotidine/Pepcid

Medications Approved for Allergy Testing –The following medications are allowed prior to testing.

- Flonase
- Nasonex
- Mucinex
- Phenylephrine
- Nasocort/Rhinocort
- Singulair (Montelukast)
- Sudafed (Pseudoephedrine)

Should you have any further questions, please contact our office by calling 985-327-5905.