



For questions or emergency care, please contact us at 985-327-5905.

**PRE-OPERATIVE INSTRUCTIONS
PRP**

- You can take a shower and wash your scalp the morning of your procedure. Do not use styling products.
- Take your regular medications prescribed by your doctors.
- You can bring an over sized ball cap or hat that is not made of woven material to cover your head after PRP but it is not necessary. We will provide a paper surgical hat if needed.
- Inform the physician if you are prescribed medications that thin your blood such as Coumadin.
- Refrain from taking medications such as aspirin, Ibuprofen, or other over the counter products that may thin your blood.
- Please refrain from drinking alcohol the night before the PRP.
- You will be able to drive home after the procedure as we will not sedate you.

**POST-OPERATIVE INSTRUCTIONS
PRP**

- Do not wash your scalp for 2 days following your PRP procedure. Avoid getting your scalp wet when showering. After two days, you may resume your regular shampooing routine including conditioner.
- Avoid exercise for two days. After two days you may go back to normal exercise.
- You may be sore on the scalp following your PRP procedure. This should subside in a couple of days. If the derma rolled area continues to be sore after several days, contact our office at 985-327-5905.

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